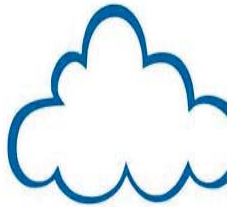


Fourth Annual RockFit 5k Run/Walk

Hosted By: Rockland Trust

May 6, 2017



**Wompatuck State Park
Hingham, MA**

Registration starts at 8:00AM
Free Kids Dash at 9:30AM
5k Walk/Run at 10:00AM



All proceeds from the race will go to
Mass Vest-A-Dog to benefit the
Hingham Police K-9



RockFit's 5k Walk/Run Registration is \$25.00 through May 6th.
First 100 people to register will receive a **FREE** long sleeve racing shirt!

REGISTER TODAY ON [ACTIVE.COM](https://www.active.com)!

For more information, please call or email Meaghan Olin
at 781-982-6615 or Meaghan.Olin@RocklandTrust.com

THIS EVENT IS OPEN TO THE PUBLIC!



Family Friendly Atmosphere!

Touch-A-Truck

K-9 Demonstration

Face painting

and much more!!!